### **Honey Walnut Salad Recipe**

Published on The Spanish Cuisine (https://thespanishcuisine.com)



Complexity level: Easy

Calories level: Low-calories level **Price estimation:** Less than 5 \$

# **Ingredients**

6 T

balsamic vinegar of modena

3 T

honey

2 1/2 T extra virgin olive oil

3/4 t

salt

6 oz

goat cheese

16

cherry tomatoes (to taste)

5 oz

walnuts (peeled)

5 oz

lettuce (your favorite)

## **Instructions**

- 1. Wash and drain lettuce and place into a big salad bowl.
- 2. Wash and cut in half Cherry tomatoes. Add to the bowl.
- 3. Add peeled walnuts to the salad recipient and mix.
- 4. Serve salad into individual plates.
- 5. Slice goat cheese.
- 6. Cook for 20 seconds goat cheese slices in the microwave oven (800 Watt).
- 7. Put 2 o 3 goat cheese slices in each dish.
- 8. Add the honey salad dressing.



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9. Serve and enjoy your honey walnut salad recipe! See more <u>salad recipes</u> [1] or <u>healthy</u> [2]<u>Spanish</u> [3] <u>dishes</u> [3]

#### FOR THE HONEY SALAD DRESSING:

- 1. Place 6 tablespoons of balsamic vinegar of Modena into a medium bowl.
- 2. Add 3 tablespoons of honey.
- 3. Add 2 and a half tablespoons of extra virgin olive oil.
- 4. Add 3/4 teaspoon of salt.
- 5. Mix until the dressing is homogeneous.

Source URL: https://thespanishcuisine.com/recipes/honey-walnut-salad

#### Links

- [1] https://thespanishcuisine.com/recipes/salads
- [2] https:/thespanishcuisine.com/recipes/low-calories
- [3] https://thespanishcuisine.com/recipes/low-calories